

T-Shirts

Commemorative T-Shirts will be given to all entrants. Please indicate below which size(s) you require.....

Small Child	Medi Child	Large Child	Small Adult	Medium Adult	Large Adult	XL Adult	XXL Adult

Declaration

I agree to follow the rules of the Alwinton Round and accept the organisers' decisions as final. I fully understand that I enter at my own risk and that the landowners and organisers are in no way responsible for any illness or injury to myself or those in my charge during or after the event, or for any property lost, stolen or damaged on or in the vicinity of the course

Signed Date.....

To Be Completed For Entrants Under 18

I understand the conditions of entry for the walks in the Alwinton Round and agree for the youngsters detailed overleaf to participate at the level indicated.

Signed Date.....
(Parent/Guardian)

Please detach and return with cheque (payable to North of Tyne Mountain RescueTeam) with a SAE to:

Rachel Smith, Alwinton Round, C/O W O Silmon Ltd, Industry Road, Heaton, Newcastle upon Tyne, NE6 5XB

email: alwintonround@googlemail.com

The proceeds of the event will be used to support the work of the North of Tyne Mountain Rescue Team (Charity Commission Number: 1003956)

Closing date: 28th May 2011

Alwinton Round 2011

The North of Tyne Mountain Rescue Team is happy to be organising the 17th Alwinton Round. Based in and around Alwinton, Northumberland (OS Map 80 – Cheviot Hills and Kielder Forest Area - GR NT922064), there will be three walks to suit all abilities ranging from 6 mile 'family walk' to the 20 mile walk for the more experienced. The whole event will take place on...

Saturday June 4th 2011

The walk details are as follows.....

The Big 20	The Long 15	The Family 6
<ul style="list-style-type: none"> Starting at 10.00a.m Distance: 20miles Entry Fee: £15 Entrants must be 18 years or over. However, those between the ages of 14 and 17 may enter as long as they are accompanied by an entrant who is over 18. 	<ul style="list-style-type: none"> Starting at 10.00a.m. Distance: 15 miles Entry Fee: £15 Entrants must be 18 years or over. However, those between the ages of 14 and 17 may enter as long as they are accompanied by an entrant who is over 18 	<ul style="list-style-type: none"> Starting between 11.00am - 1.30p.m. Distance: 6 miles Entry Fee: £8 .00 each person For families with children of any age – must include at least one adult

All entrants receive a commemorative t-shirt, certificate and packed tea at the end of the event as well as refreshments on route.

The Routes

The Big 20		The Long 15		The Family 6	
Position	Grid Ref	Position	Grid Ref.	Position	Grid Ref.
Start at Alwinton	922064	Start at Alwinton	922064	Start at Alwinton	922064
Wether Cairn	941116	Wether Cairn	941116	Kidlandlee Dene	920092
Cushat Law	928137	Cushat Law	928137	Wholehope	902093
Bloodybush Edge	902144	Bloodybush Edge	902144	Return via Clennell Street	
Footpath	893140	Forest Edge	888132		
Uswayford	886145	Return via Clennell Street			
Border Ridge	872160				
Windy Gyle	855150				
Usway Burn	875137				
Top of Hosden Hope	893117				
Return via Clennell Street					

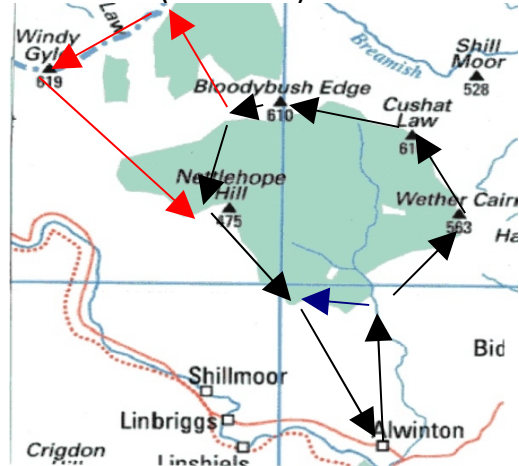
To enter, complete this form and send it, along with the appropriate fee and a stamped addressed envelope to..

Rachel Smith, Alwinton Round, c/o W.O Silmon Ltd, Industry Road, Heaton, Newcastle upon Tyne, NE6 5XB

email: alwintonround@googlemail.com

Closing date: 28th May 2011

The Routes (Continued)



The 'Big 20' and 'Long 15' walks

Parts these walks are on exposed ground and subject to poor visibility and bad weather conditions. Basic navigational skills are therefore necessary. All participants must carry the following equipment: waterproof top and trousers, spare clothing, hat, gloves, whistle, compass, O.S. map Landranger 80 or equivalent, first aid kit, food for the day, emergency food, survival bag, mug (drinks provided at refreshment points). Stout footwear (boots or good quality trainers) should be worn. Equipment will be checked at registration. Anyone who is inadequately equipped will not be allowed to start.

- The Family walk is mainly along well defined paths and forest tracks.
- All entrants who retire must report to the nearest checkpoint to arrange official transport to the finish, and **MUST** in any case report to the finish. In past events great concern has occasionally been caused by entrants going straight home having failed to report to the finish.
- Every entrant who satisfactorily completes the course will be awarded a certificate and t-shirt depicting the event.

Event Organisation Details

- Open to anyone aged 18 years and over. Persons aged 14 to 17 may enter if accompanied by a responsible adult. (See below for details). All entrants must register and collect their route card from registration at the Rose and Thistle, Alwinton; this will be open from 8.30a.m.
- Official start times: **Big 20** – 10.00a.m.; **The Long 15** - 10.00a.m.; **The Family 6** – between 11.00a.m. and 1.30p.m. Entrants are asked not to start before these times.
- No one will be allowed to start more than 30 minutes after the official start time.
- There will be a number of checkpoints manned by members of the North of Tyne Mountain Rescue Team on each walk. Some checkpoints will offer drinks.

Special Notes for Entrants Under 18 Years

- Recently introduced regulations for events of this type require that all persons under 18 years of age must be accompanied by a parent, guardian or other adult who has agreed to take responsibility for them.
- No applications will be accepted from persons under 14 years of age on 4th June 2011

(The organisers wish to thank all of the organisations and landowners, across who's land the walks passes, for allowing the event to take place. We would also like to thank the Rose and Thistle, Alwinton, for all their help and hospitality in hosting the event).

Entry Forms please detach from information page

Please Indicate, by ticking the appropriate box, which walk you are entering. For the **Big 20** and **Long 15** walks each entrant must complete a separate form..

Big 20	<input type="checkbox"/>	Long 15	<input checked="" type="checkbox"/>	Family 6	<input type="checkbox"/>
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Title Surname Forename

Address

.....Post Code

Telephone number

Email Address

Age

For Family Walk only.....

Please list, with ages, others you wish to enter as part of your 'family'.

Name Age

Name Age

Name Age

Name Age

Name Age

Name Age

Don't forget to include the entry fee. For the **Big 20** and **Long 15** it is **£15**.

For '**Family 6**' it is **£8** per entrant e.g. If you and two others are doing this walk it is a total of **£24**